Town Office:
Phone: 293-2379
Fax: 293-3507
clerk@mtvernnonme.org
Mon:
9 a.m. - 5 p.m.
Tues. Wed. & Thurs.
7 a.m. - 3 p.m.

Deputy Clerk
Amanda Wheeler
deputyclerk@mtvernnonme.org

Town Clerk & Tax Collector
Heather Wheeler
293-2379
clerk@mtvernnonme.org

Treasurer
Kerry Casey
293-2379
treasurer@mtvernnonme.org

Select Board:
select-board@mtvernnonme.org
Mac Hardy, Chair 293-4646
mac@mtvernnonme.org
Sherene Gilman 215-9456
Sherene@mtvernnonme.org
Paul Crockett 293-3000
paul@mtvernnonme.org

Select Board Assistant
Alexander Wright
alexander@mtvernnonme.org

Select Board Meetings:
Every other Mon. at the Town Office
Warrant 6:30 p.m.
Regular Business 7 p.m.

Planning Board:
3rd Tues. of the month at Community Center, 7 p.m.

Transfer Station:
Carole O’Connell
458-1425
Sat. & Sun.
8:30 a.m. - Noon
Wed. 3 p.m. - 7 p.m.
(Memorial Day thru Columbus Day)

General Assistance
Paul Crockett
293-2532
mac@mtvernnonme.org

Road Commissioner
Lee Dunn
(h) 293-2179
(cell) 242-5828

Animal Control Officer
Trish Davis
491-0410

Fire Chief
Dana Dunn
293-2114
(non-emergencies)

Rescue Director
Pat Rawson
293-2597
(non-emergencies)

Health Officer
Daniel K. Onion
293-2076

Newsletter Editor
mtvnewslet-
ter@gmail.com

RSU #38
Supt. Of Schools
Jay Charette
Jay_Chalette@maranacook.org

Board Members
Cathy Jacobs
Alex Wright
Melissas Tobin

Local School Comm.
Lucas Rumler
Jonathan Berry

CEO, Plumbing & Health Inspector
Andrew Marble
293-2636
ceo@mtvernnonme.org

Dr. Shaw Memorial Library
293-2565

Website: drshawlibrary.org
Email: Drshaw@shaw.lib.me.us

Open Saturdays 10am -3pm
Curbside service Saturdays
10:30am - 2:30pm.
Email or call by Wednesday
10am to place order for
curbside.

Library Trustees:
George Smith
Kathleen Kelley
Fred Webber
Dorcas Riley
Sherene Gilman
Head Librarian: Alice Olson

Mt. Vernon Post Office Hours
Retail Window:
Mon- Fri 7 a.m. - 10 a.m.
11:00 a.m.—2 p.m.
Sat: 9 a.m.—11 a.m.

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Bus. Card Size $15/mth
1/4 page $25/mth
1/2 page $45/mth
Full page $90/mth

Checks are to be made payable to:

Town of Mt. Vernon.

All ads must be prepaid with ad copy and payment sent to:
Newsletter-1997 North Rd. Mt. Vernon, ME 04352
Hello Everyone!

We need rain badly! That said, the days have been clear, bright and fairly warm with cool sleeping at night. All of these factors put us in danger of fires. Think safety and the dangers of fire whether hunting in the woods the next couple months or sitting in your back yard in the evening.

Many nonresidents have left or will soon be leaving at the end of the summer season and, for me, it is an unsettling time realizing that the daylight is getting much shorter, and cooler to colder temperatures are just around the corner. Hopefully, whether living in Mount Vernon year-round, or in some other special place, you are reading this Newsletter and it is bringing back warm memories of your time here. Yes, Mount Vernon is a special place! As Chair of the Select Board I get to see many of the wonderful happenings that take place because of the volunteerism of each and every one of you in whatever way you can to make Mount Vernon the special Town that it is. Your contributions, for which size does not matter, make you the backbone and strength of our Town. Many thanks to each of you and we look forward to your safe return!

Your Select Board is working on a new path this year and into the future. We have asked each Department Head and Committee Chair to list short, medium, and long-range goals they feel we should be working towards, in a proactive constructive manner, to establish a path for our planning and work. Thanks to the recent work of the Comprehensive Planning Committee we have the first steps to this process in place. We, as a Board, started on this process this summer by asking all those who work in the main office on a daily or weekly basis to submit their goals to put us on the path of working as a team. Any questions, problems, and decisions that have to be made come to the Board through Alexander Wright, our Administrative Assistant, for action either by a vote at our biweekly meetings or by a response from one of the Board members best qualified to handle the question or problem. The action taken is then rerouted back to its origin through Alex. This helps keep all of us in the loop so that we have a sense of what is happening. The goals and ideas that have been coming in have been insightful and helpful for us to work towards a proactive rather than reactive approach. We are also working on a new website with a place for you as citizens to ask questions or place your ideas for the path forward.

Recently, a citizen asked our Treasurer how much of a tax increase would a 1 (one) mill increase add on our individual tax bills. The simplest answer is approximately at 5.7 % increase for each mill increase on our annual budget. We are presently at 17.5 mil rate per $1,000 per taxable assessment on our property. I’m making this point because each year we as a Board have to prepare a budget that will pay the Town’s share to support our schools, roads, county, and administrative expenses for the following year, and our Town does not have a broad tax base to necessarily meet all the demands made to maintain the high quality standard we would like to have. Not having a broad tax base supported by businesses means that the tax burden falls on the shoulders, or pockets, of the individual homeowners. One of our goals as a Board is to address this issue. We will be asking for your help through ideas that will help to make a difference. Contact us at selectboard@mtvernnonme.org with constructive ideas that you might have. In the meantime, make your October days special by being safe, looking out for your neighbors, staying healthy, all with an open mind and the thought that, indeed, Mount Vernon, Maine is a special place.

Mac Hardy—Chair (Representing the Mt. Vernon Selectboard)
selectboard@mtvernnonme.org
On Behalf of the Mt. Vernon Select Board
Mount Vernon Select Board Meeting:
To view entire meeting minutes visit www.mtvernonme.org
The dog licenses are available in October. They will need to bring proof of updated rabies. Female/Male will be $11.00 and the spay/neutered are $6.00. The deadline before late fees apply is December 31, 2020. Election is November 03, 2020--During these uncertain times, you can request an absentee ballot. You can do it electronically through the state, calling the office @ 293-2379 or by stopping by the office!
We are going to be closed
- September 7 for Labor Day
- November 11 for Veterans Day
- November 25-closing at noon for Thanksgiving
- November 26 for Thanksgiving
- December 24 for Christmas

Synopsis of Minutes for September 14, 2020
Clerks hours/days, Heather Wheeler
Hardy spoke about the special town meeting for the Clerks position and the approved job description. Hardy mentioned the conversations he had with the members of the governance committee over the internet of how many times the Clerks should be open on Saturday. Heather spoke about her preference for once a month on Saturday. The Selectboard discussed some of the related cases of residents coming in early before work and using rapid renewal as other means to access services from the town. The Selectboard and Heather Wheeler agreed to move forward with having the first Saturday every month starting in October from 9AM-12PM.

KVCOG, Kate Raymond
Presented to the Selectboard the benefits of membership for joining KVCOG. This includes some of the services they provide including working the comprehensive plan, LOU, and GIS mapping for tax maps. Coordinating with broadband to overlay the information to create a digitized map for broadband services. Joint purchasing for highway products, including salt and sand. Crockett is mentioned it might be prudent to look at cost-saving and membership costs and see if there would be a greater incentive. Including fabric and culverts along with other accessories related to roads. Grant assistance is another assessor, including brownfield support.

WKLCBA, Chuck Wright and Michael Wenzel
Chuck Wright presented to the Selectboard an update from the broadband committee. Wright talked about communicating their broadband initiative message to the Mt Vernon public. Needing 600 and more to justify the costs. Presenting posters, cards for people to fill out, link to a website for information, Alex Wright will be linking the survey on the town website. The survey needs several hundred to gather info on the consensus. Looking at $75 for 100/100 upload and download is the goal. Wright talked about other towns that have installed a government-owned broadband committee. Hardy commented about a Farmington group that is trying to have people commit to the broadband including the increase in costs. Crockett asked about what the rate could be, Wright responded that he would not know but some town residents pay only $210 annually. Hardy asked about the broadband timeline, Wright responded a survey is needed first, sometime in October, including service based on streets, then a proposal to the voters. Gilman mentioned we are good moving forward and putting it on the website.

Synopsis of Minutes for September 28, 2020
Paul Crockett, Zoom
Presented to the Selectboard the new device for zoom to record the Selectboard meetings and save it to the cloud. This could be access and presented to the public through the website and social media means. Gilman, mentioned the idea that other committees could use and make them more accessible.

Goals Discussion
Hardy asked the question on what the overall goal is according to the Comprehensive Plan. Considering we are a very small town and bedrock town in terms of development. Gilman mentioned her idea of the comprehensive plan is to be administered by the departments and committees and let them implement it. Hardy makes the point, using the aging in place committee as an example, to illustrate the heavy dependency on volunteers, were there would be a cost to provide those services. Hardy emphasized specific goals that we need to achieve and are measurable and timeline. The Selectboard went over some of the department’s goals, specifically the Community Center and some of the plans that might not be a advisable long term due to flooding. Hardy asked the Selectboard to have long range, medium range and short range to achieve. Gilman asked about some of the groups and the implementation of some of the goal is the responsibility. Casey mentioned there is a bigger picture and the purpose of the comprehensive plan is the overall. Hardy request the Selectboard to come to the next meeting, with some goals.

Vote in support of new office hours for the rest of year, to be reviewed by years end.
Motion by Crockett seconded Gilman, support town Clerks to be open the first Saturday of each month from 9-12
Motion passed: unanimous

Vote on Bid and Procurement Policy
Motion by Crockett seconded by Gilman to approve 09-28-2020 Bid and Procurement Policy
Motion passed: unanimous

Recognition for Nancy Hemphill work on the Town of Mt Vernon Welcome Signs
The Selectboard wants to thank for Nancy Hemphill work on the Mount Vernon Welcome Signs.

MDOT meeting on October 5th at community center in regard to the closing of Blake Hill bridge.
Information will be sent out for the meeting and proper posting.

Clyde Dyar
Dyar mentioned a grant program for the matching grant program currently there is $12,000 in the grant budget. A quote from Scott Horne to work on the Minninhok lake dredging and will need $10,000 for the project. Dyar also recommends there be public facilities for changing and bathrooms.

Motion by Crockett seconded by Gilman to approve $8,000 from grant matching for the dredging of Minninhok beach.
Motion passed: unanimous

All State Asphalt,
Wright presented a quote from the Road Commissioner. Gilman raised the concern that cost would prevent costs in the spring roads. Casey will meet with Lee Dunn to review budget for next spring budget.
Walking for a Living
Dan Onion, MD, MPH
Mt. Vernon/Vienna/Fayette Health Officer
dkonion@gmail.com

October, 2020

Hey, let’s talk a bit about something other than the corona virus (COVID), if we can! How about exercise, and advice about flu shots?

**Exercise:** Everybody knows that exercise is good for mind and body. But things change as we age-in-place, or as my friend and Mt. Vernon’s Mother Theresa, Jo T, likes to point out, we actually “age in many places!” at once. So, what worked for us at younger ages, may not work now, depending on our “places” deficits. Or, as Libby H’s, “some laughs 4U” email warned yesterday: “The leading cause for injury in old men – Is them thinking they are still young men!!” You have to remain flexible in your exercise choices.

I used to hate walking; **boring**! I much preferred racquet ball, sculling, frisbee, haying, or splitting wood. But as various body parts became dysfunctional and hurt when used, I had to shop around. OK, so both knees have been replaced and really working well and pain free. Never had hip problems; feet not bad, just a few weird toes and, as always, flat feet (hence the knee arthritis). So, walking could work. How about the boring part? My wife solves that with walking partners. But real men don’t do that sort of thing! I did begin noticing others, who use recorded pod casts with those funny ear plugs, like my 6-miles-a-day friend, Pat R. But I thought I preferred hearing the dirt road sounds around me, like the constant drumming of acorns falling right now. True, I used to love listening to books on tape on my daily half-hour work commute; now retired from working for money, it’s much harder to do since my wife is usually with me and doesn’t like my book choices. So today, I put my phone in my shirt pocket and listened. That does help the boredom!

The other type of exercise I can tolerate are ones that produce something, like fishing a river, carrying sap, haying, or splitting wood. I used to split 3-4 cords of wood a year with a splitting maul. But then I developed huge arthritic knuckles, which I’d always admired in old farmers, but found that they hurt too! Now I’ve found that a gas wood splitter helps a lot. Bucking up wood is kinda hard on the back, but I still get a lot of upper body workout from the lifting and stacking. AND I get very satisfactory wood piles and winter heat. Sometimes now we stoke our study stove up to 80°; feels good at our age.

**Flu shots:** (best Federal CDC current review: https://www.cdc.gov/flu/season/faq-flu-season-2020-2021.htm). I review this topic every few years, and, given the COVID here also for the flu season this year and vaccine for the former not likely to be generally available until spring, now is the time to begin planning your survival strategy against both. A major piece of that is when, where, and what to get for influenza protection. Shot immunity is maximal for at least 6 months, but getting immunization earlier than September risks the immunity running out before the typical March/April influenza peak. But now it’s October, plus Dr. Shah, director of the Maine CDC, warned this week that influenza vaccine shortages could happen. And he reported that there already have been cases in Maine this fall, although as of August 30, I found on the CDC website only one positive influenza A case in the 3 tested that month. Nevertheless, get this year’s as soon as you can. I was offered one but declined earlier this week; I’m calling tomorrow to get it this coming week.

Things to remember:
• **Influenza is not** a viral cold (sore throat, under 100°F temperature degrees, and the patient still able to function). Nor is it gastro-enteritis: predominantly nausea, vomiting and diarrhea from gut germs, still often called “flu.”

**Continued**
• The vaccines for 2020-2021. The influenza virus components change (mutate) every year, so the most likely ones to “go-viral” this winter are chosen by what flu types (both A and B, named from where they were first identified) were prominent in the Southern Hemisphere this past summer. Interestingly, this year influenza cases there have been very few and far between, making it hard to determine the “match” with this year’s shots, perhaps because COVID precautions there may have damped new virus spread. That’s hopeful for our flu season. Even if the vaccine flu types are imperfect matches, you should get it because there is always enough cross reactivity with recent years’ types to make it much better than nothing. The choices your clinician will recommend one of these 5 different kinds, based on your age and risks:

1. Trivalent (three-components; against 2 A and 1 B types,) egg-based vaccines, standard for age 8-50; this year contain:
   • A/Guangdong-Maonan/SWL1536/2019 (H1N1)
   • A/Hong Kong/2671/2019 (H3N2)
   • B/Washington/02/2019

2. Quadrivalent (four-component) egg-based vaccines, which also protect against a second B virus, contain: the three recommended viruses above, plus • B/Phuket/3073/2013

3. Cell or recombinant-based (not egg-based) vaccines containing all 4, for egg allergic people

4. Quadruple dose, quadrivalent, with "adjuvants", to enhance the effect for over 65s or other high-risk people.

5. Childhood vaccines for ages 6 months to 8 years old are specific to that age group and usually require two doses. These vaccines can also be given by nasal spray.

• Three ways people get sick with the flu:

1. Rapidly super sick patients with overwhelming viral pneumonia: usually young people, mostly teenagers and young adults. They get sick one night with chills, often have a fever over 101, become prostrate (flat out sick) within hours, always have cough, which may or may not produce sputum; their lungs fill with fluid making them short of breath; they can get confused, turn blue and can die within hours if not hospitalized. If you see these signs, get to an emergency room ASAP, DO NOT DELAY!! Could happen more often this year than in the past because some cases may be COVID or both. Either way, such symptoms can be extremely dangerous.

2. A group with delayed bacterial pneumonia, especially toddlers and elderly. These people get the usual flu symptoms with fever over 101°, productive cough, feel rotten all over, may have some vomiting (rarely diarrhea), and then develop a secondary bacterial pneumonia. They start to get better from the flu after 3-5 days but then relapse back with high fever, get sicker again, with more cough, more sputum, if not too weak to produce it, and can die in a few more days if not diagnosed and treated with bacterial antibiotics. Get them to the emergency room as soon as that regression happens.

3. Finally, the rest of us with influenza, have sore throat, fever/chills, cough, feel lousy, often still try to work (DON’T for the good of others!), then gradually improve over a week and get back to normal within 7-10 days.

• Effective antiviral drugs that help, especially in groups 2 and 3 above: oseltamivir (Tamiflu) 75 mg and several similar drugs work to ameliorate severity and complications if started within 48 hours of symptoms. Many clinicians will want to test a throat swab before prescribing these but, in the past, when the flu season got bad, most would figure hoof beats meant horses and prescribed Tamiflu or an equivalent even over the phone if your symptoms fit. But probably they will prescribe more cautiously this year, because you might have COVID, which these drugs don’t help. These drugs also work at lower doses to prevent flu, or at least reduce its complications, as when you are exposed to a person who has it.

• Think of your friends and neighbors. Don’t work or visit with them when you are sick.

Finally, also getting a pneumonia immunization (pneumovax), if you are due, is a good idea too, especially for older adults, because complicating pneumococcal pneumonia (group 2 above) causes many flu deaths.

Sorry to start off so flip and end so serious.
Let’s both take a walk!
Girl Scout Troop 2096

AMERICAN FLAG COLLECTION

Girl Scouts from Mount Vernon and Vienna will be conducting a Flag Retirement Ceremony in early November. We welcome your donation of flags that should be retired from service.

Please place your flags carefully in the collection box at either the Mount Vernon or Vienna Post Office by October 30. Thank you!
Mt. Vernon-Vienna Giving Tree 2020

It’s not too early to start thinking about this year’s Giving Tree. There may be a greater need for help this year since so many families have lost their jobs because of the pandemic. Look for information, dates/deadlines in next month’s newsletter.

Love, Santa’s Elves
Neighbors Driving Neighbors
PO Box 142, Mt. Vernon, ME 04352
Neighborsdrivingneighbors.org

Do you live in Mt. Vernon, Fayette, Vienna, Belgrade or Rome? Are you unable to drive and need a ride to medical appointments, the grocery store or other errands?

Neighbors Driving Neighbors can help!

Volunteer drivers can take you where you need to go. Call to find out more.

207-860-0677
“A great library doesn’t have to be big or beautiful. It doesn’t have to have the best facilities or the most efficient staff or the most users. A great library provides. It is enmeshed in the life of a community in a way that makes it indispensable.” Vicki Myron

Here is a recap of when we are open, under various circumstances: **We are open on Saturdays from 10AM – 3PM for 5 patrons at a time (each visit is limited to 20 minutes).** You can grab a “ticket” (right now, tickets are sticky notes!) from the main door and come inside. If there are no tickets, or not enough tickets for all members of your family, please wait outside the building. To come inside, our protocols are:

* Wear a mask at all times
* Use hand sanitizer and sign in at the check-in station right inside the main door
* Keep physical distance from others of 6 feet or more
* Family members should stay together at all times
* Only one family at a time in the children’s area
* Touch as few surfaces as possible
* If you handle books/movies/audio but decide you don’t want them, please place them in the bins or baskets we have in each room, for quarantining

**We still offer curbside service on Saturday, also.** Please call (293-2565) or email DrShaw@shaw.lib.me.us by Wednesday afternoons and leave a message including what materials you would like us to set aside for you. The materials will be waiting for you out on the picnic table at the edge of the upper parking lot.

**Currently, we are also open by appointment only on Wednesday afternoons.** The appointments are for 30 minutes, and are scheduled for 3:30, 4, 4:30, 5, and 5:30. Call us and leave a message to reserve a slot, and we’ll get back to you. These arrangements might change over time, as we watch the guidelines and research from Maine CDC and the Maine State Library. Please check our website and our Facebook page for any new information on further information on adjustments to hours and services.

Some of our young patrons who are always engaged in the library and reading, finished our list of suggested literary, community, and outdoor summer activities this year, and are now listed as donors for the funds we are giving to the PALS animal shelter in Winthrop. Many thanks to the kids, and we hope you had fun!

**We are hosting two candidates forums via Zoom** in the early weeks of October! We are so grateful to Tom Ward for pulling this together for all of us! He will set up the zoom link and will moderate the meetings. It looks like the District 17 Senate candidates (Russell Black and Jan Collins) will be speaking on Tuesday, October 6, from 6:30 -7:30PM. Then the District 76 House candidates (Deborah Emery and Dan Newman) will be on for Tuesday, October 13, also from 6:30 – 7:30PM. Watch our website and Facebook page – and Tom’s weather report! – for further information once it is available. These should be good informational meetings that will help us get to know our local candidates as we decide about casting our votes.

**Continued**
Submitted by Mary Anne Libby

**Coming soon** – an online subscription service to help get us through the winter: Hoopla! Many libraries now subscribe to this company in order to provide access to ebooks, videos, audiobooks, and music, for patrons. We have now signed up to try it out! You can stream instantly through your mobile device or desktop browser or TV. Or if Wifi isn’t always accessible, you can download a title to enjoy later. All titles will be automatically removed from your device at the end of the lending period. We’ll get more information out to you once we’ve had some training and finish the paperwork. It should be available soon for our library patrons!

We were able to get a CARES grant through the Maine Humanities Council to help us with resources needed due to the COVID pandemic. The funds made it possible for us to safely reopen to the public a bit sooner than we had anticipated. Being able to purchase the PPE that would be required, as well as buying plexiglass shields to place along the circulation desk and between computers, has been intrinsic to our dedication to keep both patrons and staff safe in recent months. Our patrons are happy to comply with using face masks, hand sanitizer, and disinfectant wipes within the building. Being able to get a good supply of printer ink was key in being able to establish files of Reader’s Advisory notes while we worked with patrons for curbside service, making signage to place around the building, and printing various reports to share among the staff, since we often work alone in the building or from home. One of the best features of receiving the grant funds was that we were able to purchase a new picnic table for outside, near our parking area! It provides a comfortable place for people to sit while they access our 24/7 Wifi. Purchasing folding tables to provide space for quarantining materials within the library and to use outside for curbside service was also a tremendous help. Two new laptops have served the dual need of helping us to work from home, as well as providing us with the ability to position them in areas that safely allow necessary social distancing protocols. A new public access printer will allow patrons to print paper copies of documents from their own personal devices. This enables independence and minimizes close staff interaction. The grant also provides the funds for our Hoopla subscription. The CARES grant reassured staff that while they worked longer hours picking up tasks generally done by our wonderful volunteers, as well as attending ongoing training and updates from the Maine State Library, that they could continue to be paid. We are very grateful for the financial support we received through the CARES grant. It has allowed us to move forward in a positive way as we adjust and prepare for this current, changing situation.

New books in our collection (we haven’t had a chance to mention books in a while!): Fredrik Backman’s newest novel, Anxious People is quite popular and is going out nonstop. Other titles from well-known authors:

- **The Pull of the Stars**, by Emma Donoghue
- **Choppy Water** by Stuart Wood
- **The City We Became, an acclaimed new SF title by N.K. Jemison**
- **Donna Has Left the Building**, by Susan Jane Gilman
- **The Exiles**, the newest title by Christina Baker Kline
- **What It’s Like To Be a Bird**, by David Sibley – it looks great!

And, I am reading Yaa Gyasi’s beautiful new novel, **Transcendent Kingdom**, She is such a good author. We also have her **Homegoing**.

There are lots of people using our i24/7 Wifi outside, happily taking home some of the free books we have out on George’s porch, and still using our curbside service. We wish people could linger & visit, we wish young students could gather again to do homework together, we wish our various knitting, book, and writing groups could meet together again. Meanwhile, it was heartening to see the local Girl Scout group conduct a meeting (while staying distant from each other) out in our parking lot and at the edge of Tunny’s field. It helps to see the young ones scampering about. We are grateful for your patience as we work through the many complications of trying to provide services safely while keeping close ties with this wonderful community. We’ll get through this together!
News from the Food Bank

After an unusual summer, food bank volunteers are turning our sights on the holiday boxes. Customers who have not been coming in should know that we are providing curb side pick up and following all CDC guidelines.

If you are interested in getting holiday boxes, we suggest that you come for food during the month of October. (Or call the food bank at 293-2141 on Saturdays between 8:30 and 11:30) Besides your food, you will receive a packet containing the following:

- 2 copies of the holiday box sign up sheet. Please keep one copy as a reminder, fill out the other copy and **return in the stamped envelope**. As usual, you can come in earlier in November and December for your normal monthly food. We will be closed on November 28 and December 26.

- A copy of the State of Maine Income Guidelines which customers are required to complete around July 1. Due to COVID-19, we have delayed having you complete these this year. **Please complete this form and return to us along with the holiday box sign up sheet.**

Though food boxes are pre-packed, feel free to ask for any item(s) you particularly need and we will get them for you if we have them available.

If you are unable to pick up your food, please contact Neighbors Driving Neighbors (860-0677 for Fayette, Mt. Vernon and Vienna residents) or the town of Readfield (685-4939 for Readfield residents).
Changes at the Food Bank

Food Bank Closed July 4

The First Baptist Mt. Vernon Food Bank will be closed on Saturday, July 4. If you are in need of food, please come on June 27 (even if it has been less than 4 weeks since your last visit) or wait until July 11.

We will continue to provide curb-side service for the foreseeable future with pre-packed boxes. If you have any specific needs, please let the volunteer know and we will do our best to serve you. We are currently well stocked with both liquid and powder laundry detergent so be sure to ask for some.

Except for the holiday, our hours remain the same: Saturday from 9:30 to 11:30.

The First Baptist Food Bank is helping to slow the spread of COVID-19 by enacting policies that will continue until the virus is no longer a concern.

Only one person from the household (the driver) should come to the food bank. When you arrive at the food bank, please remain in your vehicle and leave all windows closed. A volunteer will get your name, address and phone number. New customers will not be asked to fill out an application at this time. Pre-packed boxes and bags will be brought up to the vehicle. If you have a specific need, please mention it to the volunteer and we will do our best to accommodate you.

If you are ill and can not get to the food bank, please use your emergency bag before asking for someone to deliver food to you. If you live in Mt. Vernon, Vienna or Fayette, please call Neighbors Driving Neighbors at 860-0677 by Wednesday to see if they can deliver on Saturday. Otherwise, call the food bank (293-2141) on Saturday between 8 and 10 a.m. and we will try to arrange a delivery.

We understand that these changes may be inconvenient and we thank you for your patience. Stay Safe.

Tax Assistance

Haven’t paid your 2019 income tax yet? The free AARP Tax-Aide service will not resume before the new July 15 filing deadline, but there are no-cost options you can pursue. If your Adjusted Gross Income is less than $69,000 you can go to this AARP web page to link to one of two free do-it-yourself tax services:

https://signup.aarpfoundation.org/preparing-your-taxes-online/?key=sitelocator_web_taxaide002&utm_source=sitelocator&utm_medium=web&utm_content=taxaide002

Or you can go to the IRS web sit and download Form 4868, the application for an automatic extension of time (to October 15, 2020) to file your return (it covers both the federal and Maine returns). The link: https://www.irs.gov/pub/irs-pdf/f4868.pdf

This is an extension to file, not pay. If you think you will owe taxes, you should pay an estimate of what you owe by July 15. Read the instructions carefully!

AARP Tax-Aide services may restart before October 15, but don’t count on it.
Belgrade
Union Church of Belgrade Lakes
Main St, Belgrade Lakes (United Methodist)
Church Office: 495-3599
Rev. Bill Meyer
9:30 a.m. Sunday Worship
(nursery care provided)
Children’s Sunday School during Worship
Wednesday – Adult Bible Study

Mt. Vernon
Dunn’s Corner Baptist Church
Wings Mills Road, Mt. Vernon
Church Office: 320-5902
Pastor Daniel Johnston
9:30 a.m. Sunday School classes
toddler to adult
10:30 a.m. Worship service,
Nursery is available
Jr. Church for children up to age 10 during worship service.

North Vienna
United Methodist Church
572 Tower Road, North Vienna
Laura Church, Pastor
Church Office: 293-3710
9:00 a.m. Sunday Worship
Sunday School
Creation Station, an after-school, faith-based, arts-intensive program for any children in grades K-6. Meets on Wed. afternoons from 3:30-5:00 following the MSAD #9 school calendar.
Youth Group for any youth grades 6 & up meets the 1st & 3rd Sundays of each month.

First Baptist Church
Route 41, Mount Vernon Village
Church Office: 293-2141
Rev. Jay Wilson
10 a.m. Sunday worship service
Coffee and Refreshments follow

North Wayne
North Wayne Church (non-denominational)
10 Church St., Wayne
Pastor Jon Olson
Church Office: 293-2502
jolson@fairpoint.net
9:30 a.m. Sunday Worship;
Coffee, refreshments & conversation follow each service

Readfield
United Methodist Church
1564 Main St., Route 17
Pastor Myung Eun Park
Church Office: 685-4211
office@readfieldchurch.net
“...extending God’s open arms in fellowship and mission.”
10 a.m. Sunday Worship
10 a.m. Sunday School/Nursery Care

Vienna
Vienna Baptist Church
116 Main Street, Vienna
9:30 a.m. Sunday School
10:30 a.m. Sunday Worship
Pastor Everett Maxim
293-3061

Winthrop
St. Andrew’s Episcopal Church
Friends Meeting House
219 Winthrop Center Rd. (Rt 135S)
Winthrop
Rev. Susan Berry Taylor, Vicar
AmmaTaylorSt.Andrews@gmail.com
Church Office: 395-2015
Sunday Eucharist 10:30 a.m.
coffee hour fellowship afterwards